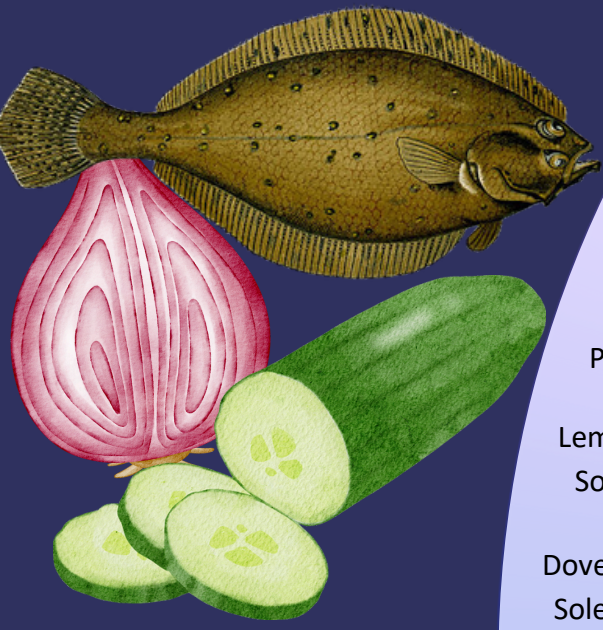


# Spring



Find our butter steamed plaice recipe here



Spring menu items:

- Lamb
- Chicken
- Rabbit
- Pork
- Venison
- Clams
- Lobster
- Brill
- Monkfish
- Scallops
- Plaice
- Lemon Sole
- Dover Sole

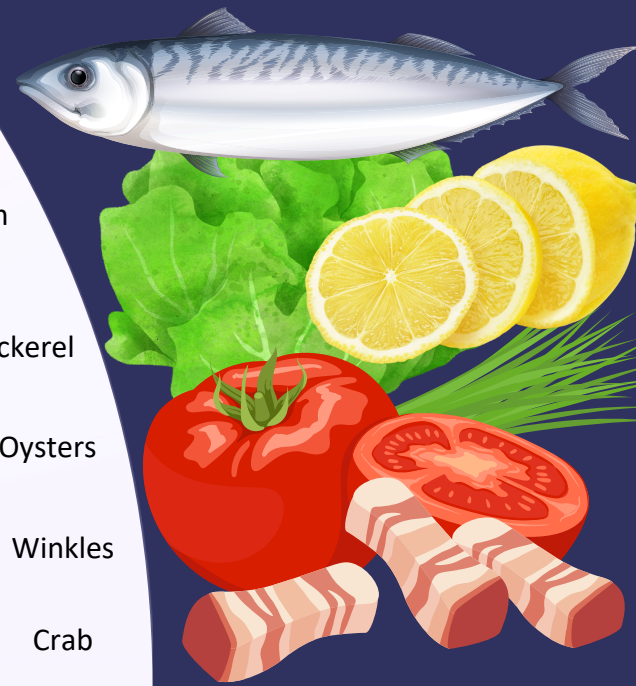
Spring produce:

- Asparagus
- Gooseberries
- Jersey Royal potatoes
- Lettuce
- Radish
- Rhubarb
- Spinach
- Watercress

# Summer



Find our pan-fried mackerel recipe here



Summer menu items:

- Chicken
- Pork
- Beef
- Lamb
- Turkey
- Duck
- Sardines
- Hake
- Bream Black
- Mackerel
- Oysters
- Winkles
- Crab

Summer produce:

- Apricots
- Artichoke
- Aubergines
- Bell peppers
- Blackberries
- Blueberries
- Broccoli/ Broccolini
- Carrots
- Cherries
- Courgettes
- Cucumbers
- Lettuce
- Nectarines
- New potatoes
- Peaches
- Plums
- Radish
- Raspberries
- Spinach
- Spring onion
- Strawberries
- Tomatoes



Find our Skrei cod loin recipe here

# Winter



Winter menu items:

- Lamb
- Venison
- Duck
- Goose
- Pheasant
- Turkey
- Pork
- Cod
- Haddock
- Snapper
- Mussels
- Coley
- Cockles
- Skrei Cod

Winter produce:

- Kale
- Leek
- Oranges
- Parsnips
- Pears
- Pomegranates
- Satsumas
- Savoy cabbage
- Spinach
- Swede
- Turnips
- Apples
- Beetroot
- Brussell sprouts
- Butternut squash
- Carrots
- Cauliflower
- Celery
- Clementines
- Cranberries
- Grapefruit

Find our baked scallop recipe here



# Autumn



Autumn menu items:

- Venison
- Duck
- Pork
- Turkey
- Rabbit
- Pheasant
- Mackerel
- Scallops
- Sea Bass
- Oysters
- Lobster
- Hake
- Haddock
- Sardines

Autumn produce:

- Apples
- Artichoke
- Beetroot
- Blackberries
- Broccoli
- Cabbage
- Carrots
- Cauliflower
- Damsons
- Grapes
- Kale
- Leek
- Parsnips
- Pears
- Plums
- Pumpkin
- Quinces
- Raspberries
- Spinach
- Squash
- Swede
- Sweetcorn
- Turnips