

Junior Seafood Menu



Cod

A classic choice and loved by all, cod is vital on any young diner's menu!

Battered Cod

This product can be cooked from frozen (3-way cook) and we recommend it being baked. The portion size is ideal for diners aged 10+.

Size:
80-110g portion (30 pack) 08CODBA85E8W
110-140g portion (24 pack) 08CODBA11E8Q

Cod Bites & Nuggets

These fun-sized cod bites add a manageable sized menu option to help introduce young diners to seafood. Perfect for all age groups.

Size:
1kg pack 08CODBIT00E4V

Cod Fillets

Skinless & boneless, this product offers a versatile choice for all young diners.

Size:
110-140g portion (30 portions per pack)
(de-glazed weight approx 93-120g) 08CODSKI1E8W

Pollock

Pollock is part of the cod family - so will be a sure hit with young diners! These products also come with the sustainability assurance that the fish is from a Marine Stewardship Council (MSC) accredited fishery.

These products can be cooked from frozen (3-way cook) and we recommend the breaded & battered products be baked.

MSC Battered Pollock Fillets

The smaller size portion is ideal for diners aged under 11, with the larger portion ideal for diners aged 10+.

Size:
57g portion (40 pack) 16POLBA57E9D

MSC Battered Pollock Goujons

Size:
450g pack 16POLBAG00E5M
900g pack 16POLBAG00E3M

MSC Pollock Fillets

Skinless & boneless, this product offers a versatile choice for all young diners.

Size:
110-140g portion (30 portions per pack)
(de-glazed weight portion approx 93-120g) 16POLSI1E5R

Haddock

A great alternative to cod, haddock holds a slightly stronger taste and a more fragile texture.

Haddock Fillets

Skinless & boneless, this product offers a versatile choice for all young diners.

Size:
110-140g portion (30 portions per pack)
(de-glazed weight approx 93-120g) 08HADS11E8W

Plaice

Plaice offers the perfect alternative to pollock and cod, introducing your young diners to another species of fish to experience.

Breaded Plaice Goujons

This product can be cooked from frozen (3-way cook) and we recommend it being baked. The portion size is ideal for diners aged 10+.

Size:
1kg pack 08PLABRG00E3Q

Salmon

Salmon is a great way to introduce alternative tastes to junior diners, and these easy to eat fishcakes are sure to be a hit with all ages!

Salmon Fishcakes

This product can be cooked from frozen (3-way cook) and we recommend it being baked.

Size:
57g (40 pack) 08FISSSF57E9D